

Jeremy ROLLESTON



Two-time Olympian, Australian representative in two sports, finance professional, author and sought after speaker.

AUSTRALIAN OLYMPIC COMMITTEE

"Jeremy is a first class motivational speaker, who presents with passion, excitement and a strong sense of pride and humility. He easily connects with any audience, large or small, to business people and others alike with his unique stories and energetic style. Jeremy continues to work with the AOC, adding enthusiasm and enjoyment to many of our events."

ING BANK

"The feedback from all of the managers, without exception, was fantastic. They were inspired by his determination and focus and impressed with how Jeremy was able to link the lessons he learnt from his success in sport to success in business ... they are still talking about it today."

SMEC

"Jeremy is an outstanding speaker with not only a wealth of experience in both business and sport, but an undeniable passion and vision for success. He has the ability to communicate deeply rooted experiences and captivate his audience regardless of the background. Highly recommended."

COACH - NETHERLANDS OLYMPIC BEACH VOLLEYBALL

"Our girls were transfixed and focussed during Jeremy's sessions. The attention was sharp and not because Jeremy demanded that - he just made them want to listen. He was interesting, passionate and believable. He inspired them and the girls were jump-started to a new level of what is possible. World Championships here we come."

CBA

"His knowledge and expertise were not only evident in the seminar he presented but also in the practical workshop he delivered to our staff. I would definitely look to get Jeremy back in the future."



There is no substitute for experience and there is no doubt Jeremy Rolleston speaks with the authority of experience. From captaining Australian teams and competing in Olympic Games, to the pressure of investment banking with the likes of Goldman Sachs, to running Fashion Shows. It is rare to find someone with such broad experience and success.

He draws upon a lifetime of heartaches and successes to inspire others to follow their dreams (without regret), to be all they can be, and to achieve success not just in sport or in business but in life in general.

But more than that, leveraging his book 'A Life That Counts', Jeremy focusses on sharing practical tools, techniques and strategies to put this inspiration into action. Not just sharing *what* to do, but just as importantly, sharing *how* to do it. As a result, he has become a sought-after speaker.

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Two-time Olympian, Australian representative in two sports, finance professional, author and sought after speaker.

Jeremy Rolleston is an inspiring and engaging personality with exceptional sporting, business and life achievement. He draws upon a lifetime of heartaches and successes to inspire others to follow their dreams, to be all they can be, and to achieve 'success', not just in sport or in business, but in life in general.

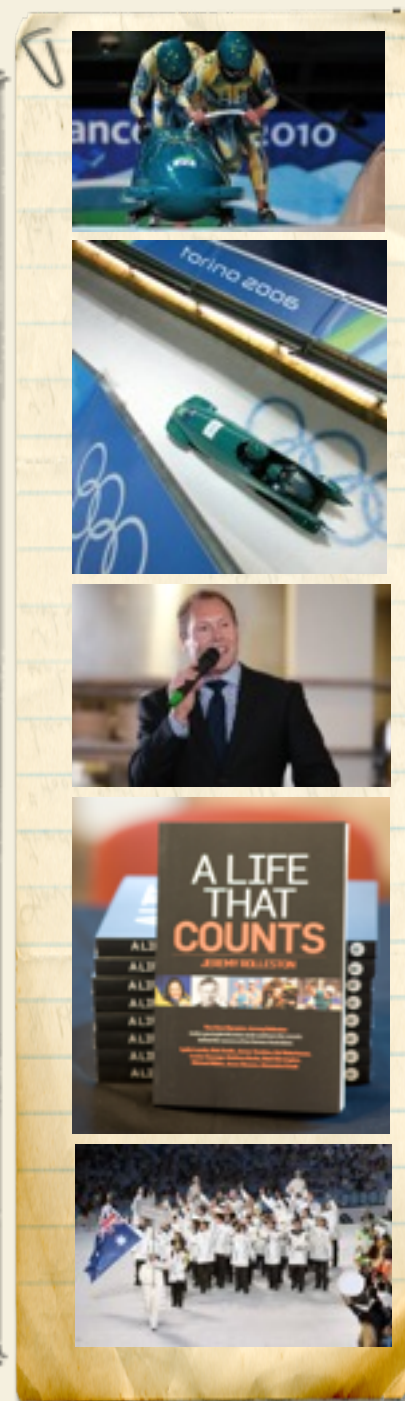
Jeremy regards representing his country as the ultimate honour and has represented his country in two sports - rugby and bobsleigh. During his rugby days, Jeremy played in numerous representative teams including the Australian Legends team, the Australian Universities team and the Australian B (Legends) sevens side. He also played professionally for Italian side Rovigo. He then found his way from rugby into bobsleigh and in 2006 at the XX Winter Olympic Games in Torino, Italy Jeremy piloted Australia's 2-man bobsleigh to the equal best-ever Australian result. This was even more remarkable considering it was his first full-season as a pilot. Then at the XXI Winter Olympics in Vancouver 2010, the Australian public shared the heartbreaking crash that Jeremy was involved in on a track that had already tragically claimed the life of one Olympic athlete over a week earlier. In what was a devastating situation Jeremy exemplified the honour, dignity and sportsmanship we look for in Olympians, not just when they win, but when everything goes wrong. Most recently, after retiring from Olympic competition, Jeremy added two world titles to his name, winning both the Beach Sprint and Beach Flag events (Masters) at the World Surf Life Saving Championships in France, 2014.

Off the sporting field, Jeremy is as passionate about life as he is his sport. Throughout his sporting career he has maintained a successful corporate career in finance. He is currently Managing Director at Artesian Capital and previous to that was General Manager - Institutional Business at Perpetual Investments and Executive Director at investment banking firm Goldman Sachs JBWere.

He has appeared on Fox Sports, Sunrise, The Today Show, Kerri-Anne, Sky News, ABC and Wide World of Sports; has lectured and written for the likes of Body&Soul, Fitness First, NSW Institute of Sport; and hosted a regular segment on 103.2FM. He is on the Board of the NSW Olympians Club and is proud to be an Ambassador for the Global Poverty Project and the Australia Day Council.

Jeremy is also an author, having published a book titled 'A Life That Counts' to great reviews. Along with contributions from 10 famous Australians, his book will inspire and equip you to chase your dreams and reach your full potential.

"I love the opportunity to speak to people - whether they be corporate or non-corporate, and whether the audience is big or small. I do it for no other reason except that I love to inspire and equip people to be all that they can be and to live a successful, purposeful and extraordinary life. Simple as that. In doing so I draw on my extensive sporting, business and life experience. My hope is that people will not walk out the same after hearing me as when they walked in. And more than that, I hope that they won't just leave my talk motivated, but equipped and armed with practical tools, strategies and ideas that they can implement to make things happen and turn their goals and dreams into reality." (Jeremy)



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Full Name	Jeremy Rolleston
Date of Birth	13 December 1972
Lives	Manly, NSW, Australia
Height	178cms
Weight	90kgs
Nickname	Rollo
Degree	Bachelor of Science 1994 (Business Information Technology), UNSW Co-operative Scholarship University of Illinois (exchange)
Current occupation	Finance / investment banker
Sports	Bobsleigh, rugby
Career Highlights	Rugby – Australian Legends (Aust B) Sevens side 1998 Rugby – Professional player for Rovigo (Italy) in European Shield Bobsleigh – Australian Olympic Team 2006, 2010 Bobsleigh – 2006 - equalling Australia's best 2 man result (22 nd) Winning 2 world titles at the World Surf Life Saving Championships
Interests / Hobbies	Travelling, horseriding, beach volleyball, tennis, the outdoors
Biggest Influences	My parents
Dislikes	Arrogance, lying, corned beef, brussel sprouts, security at airports
Major injuries	None from bobsleigh surprisingly but far too many to name from my rugby days
Favourite food	Roast pork and crackling
Favourite books	The Power of One; Long Walk to Freedom; The Alchemist; It's Not About the Bike; Mud, sweat and tears; The Bible
Favourite movie	Braveheart, Gladiator, The Blind Side, The Intouchables.
Admired people	So many for so many different reasons. Michael Jordan, Eric Liddell, Janine Shepherd, Nelson Mandela, Kurt Fearnley to name a few. I am inspired by people who follow their dreams with passion and conviction.
Jeremy's advice	You regret the things you <i>don't</i> do more than the things you do
What next ?	Learn to speak Italian fluently, learn to play guitar, learn to fly a helicopter, tick some items off the bucket list ... There will always be another challenge !

